

## Skin Consultation Form

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Would you like to receive text notifications/confirmations? (Circle One) Yes No

Referred by: \_\_\_\_\_

Emergency Contact Name and Phone Number:

Would you like to be notified by email of spa specials, events and promotions? Yes No

Main reason for today's visit: \_\_\_\_\_

### Healthy History and Skin Care

Within the last year, have you been under a dermatologist's or other physician's care?

(Circle One) No Yes

Please list any injuries, surgeries or health conditions:

Please Check All Conditions That Apply:

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> Allergy – Latex      | <input type="checkbox"/> Blood Thinners | <input type="checkbox"/> Epilepsy/Seizures | <input type="checkbox"/> Oral Steroids   |
| <input type="checkbox"/> Allergy – Shellfish  | <input type="checkbox"/> Body Piercings | <input type="checkbox"/> Heart Disease     | <input type="checkbox"/> Pacemaker       |
| <input type="checkbox"/> Allergy – Aspirin    | <input type="checkbox"/> Cancer         | <input type="checkbox"/> Heart Murmur      | <input type="checkbox"/> Radiation/Chemo |
| <input type="checkbox"/> Allergy – Fragrances | <input type="checkbox"/> Cold sores     | <input type="checkbox"/> Hepatitis B/C     | <input type="checkbox"/> Smoking         |
| <input type="checkbox"/> Artificial Joints    | <input type="checkbox"/> Contact Lense  | <input type="checkbox"/> HIV/AIDS          | <input type="checkbox"/> Thyroid Disease |
| <input type="checkbox"/> Autoimmune Disease   | <input type="checkbox"/> Diabetes       | <input type="checkbox"/> Metal Implants    |  |

Please list any other allergies or medications:

Do you use sun block?  Yes  No SPF: \_\_\_\_\_

Do you sunbathe, use self-tanners or go tanning?  Yes  No

Does your job require that you work outdoors?  Yes  No

What types of activities do you like to do for fun? \_\_\_\_\_

**Have you ever had a facial treatment before?**  No  Yes

If Yes, when were you seen last \_\_\_\_\_ For \_\_\_\_\_

**Which of the following best describes your skin type? (Please circle one type)**

- I Creamy complexion: Always burns easily, never tans
- II Light Complexion: Always burns, tans slightly
- III Light/Matte Complexion: Burns moderately, tans gradually
- IV Matte Complexion: Seldom burns, always tans well
- V Brown Complexion: Rarely burns, deep tan
- VI Black Complexion: Never burns, deeply pigmented

**What areas of concern do you have regarding your Skin: (Please check all that apply)**

- |  |  |
|--|--|
| <input type="checkbox"/> Breakouts/Acne        | <input type="checkbox"/> Sun damage          |
| <input type="checkbox"/> Redness/Ruddiness     | <input type="checkbox"/> Wrinkles/fine lines |
| <input type="checkbox"/> Blackheads/Whiteheads | <input type="checkbox"/> Dull/dry skin       |
| <input type="checkbox"/> Excessive Oil/Shine   | <input type="checkbox"/> Flaky skin          |
| <input type="checkbox"/> Rosacea               | <input type="checkbox"/> Dehydrated          |
| <input type="checkbox"/> Broken capillaries    | <input type="checkbox"/> Tightness           |
| <input type="checkbox"/> Peeling               | <input type="checkbox"/> Rough Texture       |
| <input type="checkbox"/> Uneven skin tone      | <input type="checkbox"/> Other _____         |

**What are your skin care goals?** \_\_\_\_\_

**Do you use any of the following:**

- Retin-A    Renova    Adapalene Hydroxyl Acid    Retinol  
 Accutane    Differin    Tazorac    Trentinoin

If any of the following have been used, please indicate when \_\_\_\_\_

**What skin care products are you currently using? (please circle)**

- Soap   Cleanser   Moisturizer   Mask   Toner   Exfoliator   Eye Products   Scrubs   SPF  
Shower Gel   Night Cream   Serum   Makeup Remover   Acne Treatment

**Prescription Products (please list):** \_\_\_\_\_

**Have you ever had chemical peels, laser or microdermabrasion?** No Yes

If Yes, when? \_\_\_\_\_ Type of Treatment? \_\_\_\_\_

Female Clients Only:

Are you taking oral contraceptives? [ ] No [ ] Yes

Are you pregnant or trying to become pregnant? [ ] No [ ] Yes

Are you lactating? [ ] No [ ] Yes

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Waxing Information

Have you ever had any adverse reactions to waxing? [ ] Yes [ ] No

If yes, please explain: \_\_\_\_\_

When did you last shave? \_\_\_\_\_ How often do you shave? \_\_\_\_\_

Do you have any tendencies to any of the following (circle all that apply)

Ingrown Hair    Hyperpigmentation    Bumps/Hives    Bruising    Scarring

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I understand, have read and completed this questionnaire truthfully. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I understand that withholding information or providing misinformation may result in contraindications and/or irritation to the skin from treatments received. For future services, I agree to inform my spa technician of any changes in my medical status and/or the above information.

I understand spa services are not to be considered medical treatment, and as such, the spa technician cannot prescribe treatment of pharmaceuticals. The treatments I receive here are voluntary and I release this institution and/or skin care professional from liability and assume full responsibility thereof.

Cancellation policy: In order to provide optimal scheduling for all clients and to fairly compensate our therapist, the company finds it necessary to implement a 24-hour cancellation policy for all spa appointments.

Client Name (Please Print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**FOR PARENTS/GUARDIANS OF PARTICIPANT OF MINOR AGE (UNDER AGE 18)**

This is to certify that I, as a parent/guardian with legal responsibility for this participant, do consent and agree to his/her release of services to be completed by the skincare practitioner.

Parent/Guardian of Minor: \_\_\_\_\_

Date: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_