

Client Information and Consent—Waxing

Name: _____

Address: _____ City: _____ State: _____

Zip: _____ Home Phone: _____ Work Phone: _____

Email address: _____

Have you used any Alpha Hydroxy Acid (AHA) or glycolic products in the past 48-72 hours? [] No [] Yes

Are you using Retin-a, Renova or Accutane (an oral form of Retin-a)? [] No [] Yes

Are you using any other skin thinning products and/or drugs? [] No [] Yes

Are you exposed to the sun on a daily basis or are you considering spending more time in the sun soon? [] No [] Yes

Do you use a tanning bed? [] No [] Yes

Are you diabetic? [] No [] Yes

Are you currently taking medications? If so, please list all (including over the counter drugs/herbal supplements):

What skin products do you regularly use on your skin?

Have you ever been treated for cancer? If yes, when and what types of therapies were used?

Please list any other illness/condition you are currently being treated for by a medical professional

(Female clients) When is your next menstrual cycle due to begin? _____

(Always allow five days for menstrual cycle. Because of water retention and for your own personal comfort, you should avoid hair removal two days before your cycle is due and two days after it is completed.)

Please note that waxing does have certain side effects such as skin removal, redness, swelling, tenderness, etc.

I have read the above information and if I have any concerns, I will address these with my skin therapist. I give permission to my therapist to perform the waxing procedure we have discussed and will hold her and her staff harmless from any liability that may result from this treatment. I have given an accurate account of the questions asked above including all known allergies or prescription drugs or products I am currently ingesting or using topically. I understand my esthetician will take every precaution to minimize or eliminate negative reactions as much as possible. I have read and understand the post-treatment home care instructions. I am willing to follow recommendations made by my esthetician for a home care regimen that can minimize or eliminate possible negative reactions. In the event that I may have additional questions or concerns regarding my treatment or suggested home product / post-treatment care, I will consult the esthetician immediately. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I certify that I have read, and fully understand the above paragraphs and that I have had sufficient opportunity for discussion to have any questions answered. I understand the procedure and accept the risks. I do not hold the esthetician, whose signature appears below, responsible for any of my conditions that were present, but not disclosed at the time of this skin care procedure, which may be affected by the treatment performed today.

Client Name (printed) _____

Client Name (signature) _____ Date _____

Esthetician _____ Date _____

Contraindications for Waxing

At Alison Diana Esthetics, your safety is our number one priority. In order to ensure the best results for you; it is important to us that we inform you of the following contraindications, medications and conditions that may affect the outcome of your treatment.

If you are currently using any of the following prescription medications, we will not be able to perform any wax services until you have discontinued use of the drug for a minimum of three (3) months. If you are on **Accutane** (Acne medication), you should wait a minimum of six (6) months to one (1) year and speak with your doctor before beginning a wax service.

Acne medications	Retin A (Vitamin A)	Other Medications
Adapalene, Differin	Renova	Coumadin, Warfarin (Blood Thinners)
Avage, Tazorac, Tazarotene	Alustra, Trentinoin	Topical/Oral Steroids, Antibiotics
RetinA, Alustra, Isotrntinoin Avita	Retin A, Alustra, Isotrntinoin Avita	Botox or other Injectables
		Hydroquinone (Skin Lightening)

Precautions should be taken for any of the following:

- Microdermabrasion/Light Chemical Peel - Wait a minimum of seven (7) days before waxing
- Deep Chemical Peel (Performed by Physician) - Wait two (2) years before waxing
- Laser Skin Resurfacing – Wait one (1) year before waxing
- Menstruation – Women may experience heightened sensitivity and redness if waxed within one week prior to their period.
- Waxing is never completed on skin that is irritated, has open lesions, cold sores or sunburned
- Waxing over moles, scar tissue, varicose veins, skin tags, and warts is avoided
- Use of Salycilic Acids, AHA's, BHA's and other exfoliants – Wait

Client Name (printed) _____

Client Name (signature) _____ Date _____

Esthetician _____ Date _____



Post Wax Care Instructions

To ensure maximum comfort and benefit after the treatment, it is important to follow the steps below at home:

- Avoid applying heat to the waxed area for 12 to 24 hours. This includes hot baths, sauna, and steam.
- If breakouts occur, use an anti-acne lotion for face, back and chest following the treatment and twice a day until breakouts are gone. Use only an anti-acne product recommended by your skin care professional.
- Avoid suntanning for 12 to 24 hours. This includes any strong ultraviolet (UV) light exposure or tanning bed treatments.
- Avoid applying highly fragranced products to the waxed area. This includes, perfume, scented body lotions, anti-perspirants, cosmetics, or feminine hygiene sprays.
- Avoid using harsh abrasive or exfoliates in the waxed area. However, if you are prone to ingrown hairs, the day after your waxing treatment, exfoliate newly waxed area with a loofah to avoid future problems.
- Avoid applying high SPF sunblocks to the waxed area for 12-24 hours after the waxing service. Sunscreen chemicals can be irritating to the newly waxed skin. This includes self-tanning products and tan accelerators.
- Any pinking of the skin should disappear within 6 to 8 hours after the waxing treatment. Slight pinking is normal, and indicates that the hair was removed from the root, rather than superficially broken off, as in shaving. This is the reason that professional waxing lasts so much longer.

For best results, repeat your professional waxing every 4 to 6 weeks depending on the area and your individual hair growth rate. If you have any questions about your waxing service or after care at home, please do not hesitate to call your skin care therapist.